



Continuing Education Department Workshops

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Training Institute for Mental Health

Chartered by the Board of Regents of
the University of the State of New York
115 West 27th Street, New York, NY 10001-6217
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Please Post

Treating Drug and Alcohol Users in Your Practice: Rationale, Theory and Technique of Integrative Harm Reduction Psychotherapy

A Workshop led by
Andrew Tatarsky, PhD

Saturday, November 21, 2009
10 A.M. to 4 P.M. (includes 1 hour break)
Fee: \$75.00 per participant
Fee for TIMH Students: \$25.00

The treatment of patients with drug and alcohol problems has been dominated by an anti-psychological disease model which promotes the view that such patients cannot benefit from psychodynamic psychotherapy and instead require authoritarian treatment. Experienced and well-intentioned psychotherapists have been influenced by this view and avoid treating this population of 35 million.

This workshop will introduce Tatarsky's Integrative Harm Reduction Psychotherapy as an alternative approach to effective treatment of substance using patients. IHRD is based on a multifaceted view of problem substance use as reflecting the interplay of

biology, personal and interpersonal dynamics and social context. IHRD integrates a relational psychoanalytic approach with active skills building to support positive changes in substance use and related issues.

The workshop will explore:

- A process view of addiction
- The multiple meanings of substance use as points of engagement
- How to use these ideas to create a collaborative, negotiated therapeutic alliance
- Common transference and countertransference challenges
- IHRD's 7 therapeutic tasks with emphasis on process and technique

Workshop participants are encouraged to bring case material and clinical challenges for discussion.

Dr. Andrew Tatarsky has specialized in the field of substance use treatment for over 25 years as supervisor, program director, trainer and author. He holds a doctorate in clinical psychology from the City University of New York and is a candidate in New York University's Post-doctoral program. Co-Director of Harm Reduction Psychotherapy and Training Associates; founding board member, Division on Addictions of NYSPA, and founding board member, Association for Harm Reduction Therapy. His book, ***Harm Reduction Psychotherapy: A New Treatment for Drug and Alcohol Problems***, has been published in the United States and Poland. Dr. Tatarsky is in private practice in New York City and trains nationally and internationally.

The Training Institute for Mental Health offers training and services without regard to sex, age, race, religion, sexual orientation, country of origin, or ethnic background.

Registration Form (please print):

I am registering for the **11/21/09-Treating Drug & Alcohol Users in Your Practice workshop** and have enclosed a check or money order for **\$75.00 (The \$75.00 includes \$5.00 non-refundable registration fee)** payable to: **Training Institute for Mental Health**. (The fee for Training Institute for Mental Health candidates and interns is \$25.00.)

Early Registration is suggested as space is limited.

Send Registration to: Registrar
Training Institute for Mental Health
115 West 27th St 4th Floor
New York, NY 10001-6217

Send Registration to reach us by 11/12/09. After 11/12 deadline, please call 212-627-8181 if you wish to attend.

Name: _____ Graduate Degree _____ Bus. Phone (____) _____ Home phone (____) _____

Address _____ Apt or Box number _____ City/State/Zip _____

Agency Affiliation _____

Please Indicate: Do you wish a **Certificate of Workshop Attendance** with 4 Continuing Education hours verification, which will be sent to you after completion of workshop?: Yes _____ No _____