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NATIONAL DRUGS CONFERENCE
OF IRELAND

DRUG INTERVENTIONS:
WHAT WORKS?

THE RADISSON BLU ROYAL HOTEL, GOLDEN LANE, DUBLIN
3RD & 4TH NOVEMBER 2011

NATIONAL DRUG CONFERENCE OF IRELAND 2011

Background to the Conference

At the National Drugs Conference of Ireland 2010, members from throughout the spectrum of drug services from Ireland and the UK were in attendance. Feedback from the conference delegates was good and it was clear that the conference benefited from the range of disciplines within the delegate group. Building on this experience, the National Drug Conference of Ireland Steering Group is pleased to announce The HSE's National Addiction Training Programme (NATP) is to sponsor this year's National Drugs Conference of Ireland .

This conference will include national and international speakers from across the spectrum of service provision and policy arena available within the response to the drugs issue





DRUG INTERVENTIONS: WHAT WORKS?

The conference will take place in Dublin on the 3rd and 4th November 2011 in the Radisson Blu Royal Hotel Golden Lane, Dublin. It will build on the success of the 2010 conference, bringing together a range of national and international speakers from across the spectrum of addiction research, service provision and policy. Sponsorship of the conference is part of the ongoing commitment of the HSE to work in collaboration with partners in the community, voluntary and statutory sectors addressing drug and alcohol issues.

Rory Keane, Chair of the NATP and HSE Regional Drug Co-Ordinator says, "The HSE welcomes this joint working with the Conference Steering Group, (representatives from the Irish Needle Exchange Forum, Ana Liffey Drug Project, Coolmine Therapeutic Community and the Irish Association of Alcohol and Addiction Counsellors). This is an opportunity to speak directly on the many challenges facing Irish workers in this area and for statutory and voluntary organisations to work in partnership."

"The conference is a vital opportunity for practitioners in a range of settings to reflect not only on developments in the evidence-base for responding to addiction problems; but to also to bring this learning back to their work place and their communities."

PLENEARY SPEAKERS

MARTIN BROWN

Martin has worked in drug and alcohol treatment within London for over twenty-five years. He has developed and led a wide range of treatment services across London and contributed to many of the developments in the UK drug treatment field including QuADS, ITEP, and stimulant specific treatment services. Martin is a qualified Practice Teacher and possesses a Post Graduate Diploma in Substance Misuse. He has also just completed an MA Leadership and Strategic Management at the Tavistock Institute and currently works as a Director of Client Services at Blenheim CDP.

BRIAN DALTON

Brian has worked in health and social care for 13 years managing services across a variety of treatment sectors. He has managed generic treatment services across London and developed stimulant and crack cocaine provision in Wandsworth and Greenwich. He was a member of the National Treatment Agency working party that evaluated and modified ITEP materials at The Institute of Behavioural Research in Texas and has led the implementation of ITEP across Blenheim CDP and as a training package for the sector. He has an MA in Health and Social Care Management and is presently a post graduate student in Organisational Consultation at the Tavistock Institute. Brian is currently Director of Client services at Blenheim CDP.

DR PAOLO DELUCA

Dr Paolo is a Senior Research Fellow in addictive behaviour, with a background in cognitive and developmental psychology, and more than ten years experience in the addiction field. He was lead researcher and co-principal investigator on the EU funded Psychonaut 2002 and Psychonaut EWS projects on illicit drug information and availability on the Internet which have developed a web monitoring

system for new recreational drugs, and an European study on drug and alcohol prevention in the workplace. Recently, he has been awarded a grant from the EU DG public health (2010-2011), which is looking at the Internet and other ICTs to deliver prevention services addressing the use of novel compounds in vulnerable individuals (ReDNet research project). Paolo Deluca has also extensive expertise on national and international clinical trial management, intervention development, delivery and evaluation with the Department of Addictions Institute of Psychiatry King's College London London.

JASON FARRELL

Jason Farrell is the founding executive director of Positive Health Project, Inc. (PHP), one of New York City's first needle/syringe exchange programs (NSPs) for injecting drug users (IDUs) and substance users of all genders and sexual orientations living with, and/or at risk for HIV/STIs and viral hepatitis. PHP provided primary/secondary prevention, medical/substance use treatment and various support services, including science-based interventions to minimize risk behaviors.

Jason pioneered the development and provision of one-stop-shop integrated care whereby implementing the nations' first medical/dental facility co-located within a NSP. PHP's unique one-stop-shop integrated care has become a sought after service delivery model, currently described as 'The Comprehensive Package' in the WHO, UNODC, UNAIDS Technical Guide for Countries to Set Targets for Universal Access to HIV Prevention, Treatment and Care for Injecting Drug Users. In 2006, Jason Farrell was presented with the Travis Jenkins Award at the 17th International Conference of Drug Related Harm. The Travis Jenkins Award is given to an individual who has made outstanding contributions to the provision and development of harm reduction programs, services and policies.

MR JOAO GOULAO

National Drugs Coordinator and has overseen the current Portuguese Drugs policy, Chairman of the Institute on Drugs and Drug Addiction and since January 2010 Chairman of the European Monitoring Centre on Drugs and Drug Addiction (EMCDDA). He is also Head of the national focal point in the EMCDDA's REITOX network, member of the EMCDDA Board since 2005 and previously served on the European agency's Scientific Committee (1997–2002). A medical doctor by profession, Dr. Goulão has over 20 years' experience regarding drug-related issues.

THOMAS MCLELLAN, PHD

Prior to his role in federal government, Dr. McLellan was a career researcher for 35 years with the Treatment Research Institute (which he co-founded in 1992) and the University of Pennsylvania. In his career he has published over 400 articles and chapters on addiction research. He has received several distinguished awards including Life Achievement Awards from the American, Swedish, Italian and British Societies of Addiction Medicine and most recently from the American Public Health Association (2010). Dr. McLellan holds a B.A. from Colgate University and his M.S. and Ph.D. from Bryn Mawr College. He received postgraduate training in psychology at Oxford University in England.

GREG PURVIS

Greg is the Director of Addiction Services for three District Health Authorities (Colchester/East Hants, Cumberland and Pictou Counties) in Nova Scotia. Greg has a Master's in Clinical Psychology from Saint Mary's University and has held various positions in the following:

- Forensic psychologist within two Federal penitentiaries
- Psychologist at a Mental Health Clinic

- Supervisor of Treatment Services for Addiction Services

Greg is one of 6 people certified internationally as a trainer in the Community Reinforcement Approach (CRA). Greg served as a member at large for the Association of Psychologists of Nova Scotia between 2000-2002 and is a registered clinical psychologist with the Nova Scotia Board of Examiners in Psychology. He is currently chair of the Atlantic Canadian Counsel on Addictions.

DR ANDREW TATARSKY

Dr. Andrew Tatarsky has specialized in the field of substance use treatment for over 30 years as a psychologist, supervisor, program director, lecturer and author. He is the director of the Center for Integrative Psychotherapy for Substance Misuse, a treatment and training institute, a founding board member of the Division on Addictions of New York State Psychological Association, Chairman of the Board of Moderation Management, Clinical Advisor to the New York State Office of Alcoholism and Substance Abuse Services and on the boards of several harm reduction organizations. His book, Harm Reduction Psychotherapy: A New Treatment for Drug and Alcohol Problems has been published in the United States, Chile and Poland.

MARTIN WOODS

Martin has worked in the anti-money laundering space ever since 1984 when the first drug trafficking act offences became law in the UK. He has been investigating money laundering and money launderers for in excess of 25 years, initially as a police officer, then as a money laundering reporting officer. He has a wealth of experience as an investigator. He was a member of the National Crime Agency. His experience enables him to deliver real life case studies which draw upon a deep reservoir of anecdotal money laundering cases.

ABSTRACT PRESENTATIONS

DELPHINE BELLEROSE, ANNE MARIE CAREW AND SUZI LYONS

Health Research Board

Problem Benzodiazepine Use in Ireland, 2003 to 2008

Research in the UK shows that an increase in the number of cases in drug treatment is associated with a higher rate of drop out and smaller proportion of drug free discharge. Drop out and retention in treatment are measures that can be used to identify factors affecting the outcome of drug treatment. In Ireland, the National Drug Treatment Reporting System (NDTRS) has a newly expanded data collection form to record all treatment interventions received by a client during a treatment episode along with details of their treatment outcome at the time of discharge or transfer to another service. The exit form was piloted by service providers in the South East from 2007, and in the North West in 2008. The exit form was rolled out nationally in 2009, and the majority of services participating in the NDTRS have been returning exit information for the last two years.

NIGEL BRUNSDON

HIT Community Manager and Director of Injecting Advice Ltd

Do you share? Beyond the sharing question

It's a question in every drug services assessment; "Have you shared in the last 4 weeks?". Pressures on drug workers for data collection and rapid completion of assessments mean that we often do not go beyond this standard question and pick apart the question or the answer. In reality, the possible replies to this question are far more complex than a simple yes or no. This practical and interactive based workshop will examine many of the other factors workers should consider when talking with someone

about their sharing risks. The session will also help delegates develop better working approaches to reduce these sharing risk behaviours and encourage them to take back good practice to share within the workplace with colleagues.

ANN CAMPBELL

Family Therapist YoDA - HSE Youth Drug and Alcohol Service

Experiences of and Attitudes to Head Shop Psychoactive Substances among Adolescents

The aim of this research study was to examine the experiences of an adolescent population attending substance misuse treatment services regarding their use of HSPS. The study inquired into the prevalence of use, motives for use and social and psychological impacts of use on young people attending treatment services. The study also investigated participants' perceptions' of their parent's attitudes to their use of mood altering substances.

DEIRDRE CARMODY

Drug Liaison Midwife (DLM), Clinical Midwifery Specialist

An exploratory study into the experiences of pregnant women attending methadone clinics in Dublin who continue to use heroin.

Methadone maintenance treatment in pregnancy is a widely used form of opiate replacement therapy and is effective at treating heroin addiction in pregnancy. Nevertheless some pregnant women, despite their daily dose of methadone continue to use heroin. The purpose of this research was to give these women an opportunity to tell their own stories about their experience of being pregnant and what they perceive influences their continued use of heroin while on a methadone programme.

JOHN CONNOLLY

John has worked in the addiction field over the past 16 years. In the context of the symposium/workshop topic, he has experienced some elements of how the two 'institutions' of mental health and addiction have functioned separately and how this can compromise holistic health and well being. He currently works with the HSE, in the area of Primary Care, where clients and their families access developing addiction and dual diagnosis services. He believes the environment of Primary Care can facilitate the integration of related services which can promote holistic healthcare and recovery. His professional and academic experiences have largely been in the addiction arena, although his collective clinical work helped develop a particular interest in the area referred to in the literature as dual

MARY DUNNIE

National Documentation Centre on Drug Use Health Research Board

Barriers and facilitators to research use among allied health practitioners

There is a significant body of research evidence available to inform practice. However, the gap between evidence and practice points to barriers to research use for some practitioners. Most studies examining this gap have involved health and medical professionals. Less is known about the needs of community-based, allied health practitioners (AHPs) such as outreach, community, project workers and counsellors. This study aimed to identify barriers to research use among AHPs working in the drugs area in Ireland, and explore the library and information services that may help alleviate these issues.

BRIAN GALVIN Health Research Board

EBP: A mind-altering substance. An online course in evidence-based practice for drug prevention practitioners

Describe the rationale and philosophy behind the development of an online course in evidence-based practice for allied health professionals working in the field of drug prevention, and the results of an evaluation of the pilot course. The course was developed and delivered by staff of a special substance-use research library in Ireland.

PAUL GOFF Substance Misuse Liaison Officer

The aim of the service is to provide a comprehensive assessment, intervention and referral pathway for clients who access services at Waterford Regional Hospital following substance misuse.

The unique post of Substance Misuse Liaison Officer (SMLO) was developed collaboratively between the Regional Drug Co-ordination Unit and WRH as an innovative response to people presenting to WRH who engage in problematic substance misuse. The SMLO provides initial screening and interventions and develops individual integrated care pathways with relevant primary care, community, statutory, residential and voluntary agencies in response to the myriad of health and psychosocial consequences that often accompany substance misuse.

DERMOT GOUGH

Director of Projects Ballyfermot Advance Project

On the DOS; An innovative way of working with those hardest to reach in our community.

Six services came together from Ballyfermot all working in the area of either substance misuse or youth services. These six managers formed the Management committee which oversaw the implementation of the DOS service. A terms of reference document was drawn up and this aided the process of developing the service. Policies were developed and implemented.

PHILIP D. JAMES

Clinical Nurse Specialist in Child & Adolescent Substance Misuse, YoDA Service

Rates of Psychiatric Diagnosis among clients attending an adolescent substance abuse service in Dublin.

Dual diagnosis is the presence of both a psychiatric and a substance abuse disorder in the same client. International research suggests that this is common. A study in the USA among 91 teenagers attending a residential substance abuse programme found 64% had a concurrent mental health problem with conduct disorder (24%), depression (24%), Attention Deficit Hyperactivity Disorder (11%) and Adjustment Disorder (7.7%) the most frequent (Wise, Cuffe & Fischer 2001). Estimates suggest that 50-90% of teenagers with a substance abuse problem have a concurrent mental health problem (Solhkhah, 2003). No research has yet examined levels of comorbidity among teenagers attending substance abuse services in Ireland.

ENA LYNN, SUZI LYONS, SIMONE WALSH, MARIE SUTTON AND JEAN LONG

Health Research Board

Alcohol-related deaths and deaths among people who were alcohol dependent in Ireland, 2004 to 2008

The NDRDI is an epidemiological database which records all deaths by drug and/or alcohol poisoning, and deaths among drug users and those who are alcohol dependent in Ireland. To ensure completeness, data from several national sources are collected: the General Mortality Register, coroners' records, acute hospital records (via the Hospital In-Patient Enquiry system) and the Central Treatment List. A descriptive analysis of individuals who died of alcohol-related deaths and deaths among people who were alcohol dependent recorded in the NDRDI from 2004 to 2008 was undertaken.

DECLAN MC CARTHY is currently working as an (Acting / Clinical Nurse Manager II) in a busy admissions (Mental Health) unit in the Cork University Hospital He is a Registered Mental Health Nurse he completed a H.dip in psychodynamic psychotherapy and completed a Masters in Integrative Psychotherapy: both from University Colledge Cork . He now is a part time visiting lecture to UCC and lectures on the undergraduate psych nursing programme He is recently published in the area of dual diagnosis He has delivered talks in Mental Health and believes addiction and spirituality have much to offer to a failing biological driven medical model of psychiatry.

SINEAD MCGINLEY, Research Officer, Focus Ireland

The 'Step-Down Programme' – Helping people who have completed drug rehabilitation to move-on to independent living

The paper will present a successful innovative partnership of three organisations in the homeless, housing and drug rehabilitation sectors in Ireland that established the 'Step-Down Programme' to help people who have completed drug rehabilitation to move-on to independent living.

CAROL MURPHY

St. Mary's University College, Twickenham

Stories of Recovery: Recovery Capital - A new paradigm for drug policy and practice?

There is little understanding of addiction and particularly recovery in the wider population. Coomber, Morris and Dunn (2000: 217) state that 'Exaggeration, distortion, inaccuracy, sensationalism; each of these labels have been consistently applied to the reporting of drug related issues in the print and other media over the last 40 years. Little is heard or known about the many success stories of people who have engaged in a recovery process and unless these voices are heard, the stigma associated with addiction will remain and ignorance around this issue will prevail.

DENIS MURRAY

Family/Systemic Therapist Adolescent Addiction Service

"Challenge & Change"

The Adolescent Addiction Service was established (1997) in response to increasing numbers of young people (under 18yrs) presenting to Health Service with significant drug problems. The pattern of drug use has changed as Alcohol, Cannabis, Benzodiazepines, Synthetic Drugs and Cocaine are currently the most frequently used. As a result of adaptive responses to changing needs and work with families combined with community supports, it has been possible to engage with young people at an early stage in their substance use.

ROBERT O'DRISCOLL

Addiction Counsellor HSE Arbour House Cork Inter-Agency Practice and Outcomes for Teenagers within Addiction and Social Services

This research project entails a medium scale qualitative study with practitioners and clients towards advancing learning in relation to factors that shape and influence the activity of inter-agency and inter-professional practice with teenagers who are dual users of addiction and child protection services. It pertains to the interface between Tiers 3 & 4 Substance Treatment services and Social Work Child Protection agencies. It is endorsed by the Office of the HSE South Drug and Alcohol Coordinator, the Director of Arbour House Substance Misuse Service, the HSE South Child Protection Department and the Management We are aiming to disseminate the learning to other professionals at the National Drugs Conference.

ERIN O'MARA

Black Poppy Communications Team and International Advocacy Group for INPUD (International Network of People who use Drugs)

Diamorphine an opportunity to look behind the story, the headlines and the research statistics - Workshop

Diamorphine is easily the most controversial drug being used for opiate dependence in the world today. It continually elicits fevered responses from both the 'for and against' camps, and rational discussion rarely gets a chance to progress past the kinds of hysteria generated from media headlines like 'Heroin for heroin addicts –drugs on the taxpayer!' However it does have a growing evidence base, its use is increasing in drug treatment settings across Europe, and a fascinating amount of knowledge is being collected on the subject. The session will also cover a brief history of diamorphine prescribing in the UK, including observations and current research from both here and abroad, the (concerning) rise of the 'supervised, clinic' as well as a look at the developing ways to administer heroin such as 'nasal sprays' and 'vapourising' diamorphine (available in the Netherlands for heroin dependent smokers seeking treatment and heroin). I will also examine our attitudes to injectable prescribing and its difficult reputation amongst both the medical profession and opiate users themselves.

FIONA O'REILLY AND LYNN RUANNE

Drug Dealers Views on Exit Strategies

While media attention sensationalises drug dealers and gangs, with few exceptions dealers' perspectives is rarely the subject of Irish academic research. Dealers have not been seen as a target group for most drugs or community services. In this study we sought to engage drug dealers in a discussion

about what might work in terms of exit strategies from dealing. We have focused on those who make their livelihood from selling drugs but who are not addicted to illicit substances and therefore are not a target of drugs services.

CHRIS RINTOUL

Training and Development Officer Council for the Homeless Northern Ireland

Empowering service users to train addictions and homelessness services on best practice.

Council for the Homeless Northern Ireland (CHNI) has provided training to local homelessness and addictions services since 2007. The aims have been to improve the interface between these services, disseminate best practice around harm reduction approaches and teach skill-based interventions. 'Traditional' training models have focused on professionals delivering training. Local service users were keen to point out their lack of involvement in improving practice in the services they used. In response, CHNI established a community of service user trainers to jointly facilitate and write several courses within its core training programme.

ROWEENA RUSSELL

Hiwecanhelp

Service providers and service users must know what is on offer before making treatment choices.

Service directories can list services but don't support the decision making process for the individual. The people who need to understand the information often don't see these in the first place and if they do, can be very confused by the profusion of service providers. Directories do not help a person to find out what other services are available to them and how they can be accessed in a easy way. Regular

service directories can often be out of date and don't provide daily updates for people accessing a duty system for example. Care pathways and service directories are often printed, making them obsolete very quickly and unresponsive to service change. Often they are also difficult to read and make finding information quickly very hard.

LEIGHANN RYAN

Waterford Institute of Technology, Ireland. Dr Marie Claire Van Hout, Waterford Institute of Technology, Ireland.

A Social Norms Approach to Drug Prevention in the Irish Context

In Ireland school-going students reported a higher than average prevalence of lifetime use of any illicit drug and ranked as the highest among the thirty five European countries in terms of the number of adolescents who regularly binge drink (EMCDDA, 2007). Normative education has been proven to be an essential element of prevention strategies. The use of social norms in substance use prevention relies on the fact that much of peer influence is due to incorrect perceptions of attitudes and behaviour of substance using norms. To date much of the research on social norms originates from the United States of America. The objective of the research was to determine whether a social norms intervention would correct misperceptions and reduce self reported substance use among the school going population in Ireland.

ALISDAIR SINCLAIR

The UK Recovery Federation (UKRF)

Supporting the growth of Recovery Networks in the UK'

The UKRF believes that there is a need to support 'recovery activists' through the establishment of

'Recovery Networks' in the UK and elsewhere. We believe these Networks should be 'values-based' and, through the embedding of 'Asset/Strengths-based approaches,' they will; make 'recovery' visible', bring people together to promote existing forms of mutual aid, generate new forms of mutual aid, map individual and community strengths ('recovery capital'), build individual and community 'recovery capital', support services in the establishment of 'real' recovery-oriented systems and generate new and vibrant pathways to recovery within communities.

Bobby P Smyth, John Fagan, Kathy Kernan¹ Drug Treatment Centre Board (DTCB), Dublin Department of Public Health & Primary Care, Trinity College, Dublin Reduction in heroin use among opiate dependent teenagers commenced on opiate substitution treatment.

While the effectiveness of opiate substitution treatment in heroin dependent adults is well established, its effectiveness in adolescents has received very little international study. We sought to measure changes in illicit drug use among opiate dependent teenagers who commenced opiate substitution.

GER TWOHIG

Coolmine Client Co-ordinator

Client forum at Coolmine TC

This paper purports that the client forum at Coolmine TC, facilitated by the client co-ordinator, is central to the retention and effectiveness of the programme. This presentation will give a brief background regarding the position of client-coordinator and proceed to detail the day-to-day duties involved in ensuring the successful maintenance of the role. It will show how the client forum, whilst remaining consistent to the 'Community as Method' model, provides a communicative space where specific issues of concern are discussed with the client co-ordinator who then relays the information to the relevant staff.

DAVIS TURKINGTON

Public Health Agency Belfast

Take Home Naloxone – Preventing Overdose Deaths in Northern Ireland

Naloxone rapidly reverses the effects of opiate type drugs, including respiratory depression. In 2005 UK law was amended to permit emergency administration of naloxone by members of the public. Subsequent to this, a number of pilot Take Home Naloxone (THN) schemes were established across the UK. The THN pilot in Northern Ireland aims to ensure that this group has access to naloxone. Under the Patient Group Direction developed for this project, supplies of naloxone can be made by named nurses and pharmacists without prescriptions.

SIMONE WALSH, ENA LYNN, SUZI LYONS

Predicting trends in fatal drug overdoses in Ireland: does day of the week matter?

Deaths due to opiate overdose are the major cause of death among injecting opiate users in Ireland (Lyons et al 2011). Research in the UK has indicated that individuals who misuse opiates are more likely to die at the weekend than during the week (Hickman et al 2003). Understanding the underlying patterns of fatal drug overdose, can assist in harm reduction and treatment outcomes. This is the first analysis describing in detail circumstances of death in individuals who died of a fatal drug overdose from the National Drug-related Deaths Index (NDRDI).

GARY BRODERICK, JOAN BYRNE, GER OROURKE

*Workshop will launch the **Reduce the Use 2** practice manual and worksheets.*

The original set of intervention tools designed for the treatment of cocaine use has been revised and rewritten to provide a detailed, structured programme for working with poly-drug use. The SAOL Project is very pleased to invite practitioners and policy makers alike to its workshop which will give an overview of the Reduce the Use 2 group programme and individual client worksheets. The workshop will be delivered by those involved in writing the resources, delivering the programme and experiencing its personal effect. All attendees will receive a master copy of both manual and client worksheet book.

2ND NOVEMBER 2011

Dr Andrew Tatarsky

INTERACTIVE HARM REDUCTION PSYCHOTHERAPY AND TECHNIQUE

10.00am – 5.00pm

Radisson Blu Royal Hotel, Dublin

As part of the National Drugs Conference of Ireland 2011 we are pleased to announce a workshop will be delivered by Dr. Andrew Tatarsky Phd.

This workshop will introduce Dr. Andrew Tatarsky's Integrative Harm Reduction Psychotherapy (IHRP) described in his book, Harm Reduction Psychotherapy: A New Treatment for Drug and Alcohol Problems, and a series of recent papers.

The addictive behavior field is in the midst of a scientific revolution in the understanding and treatment of these problems. An accumulation of evidence supports the complex psychobiosocial view that these behaviors reflect an interplay of biology, personal and interpersonal meaning, habit and social context that is unique to each individual. This model suggests that the concept of harm reduction is essential to the effective treatment of substance misuse and other risky and addictive behavior. IHRP is an alternative approach to traditional "abstinence-only" treatment of addictive behavior that applies harm reduction principles to psychotherapy. It emphasizes the therapeutic alliance and relationship as the necessary context in which exploration of the multiple meanings and functions of addictive behavior and active strategizing for positive behavior change can take place. Addictive behavior and related co-occurring issues are addressed concurrently in treatment. IHRP facilitates the delivery of other harm reduction interventions such as syringe exchange and substitution treatment and clinical decision-making about goals and strategies for positive change. IHRP draws on the wisdom of the psychoanalytic, cognitive-behavioral, humanistic and Mindfulness traditions. IHRP has strong evidence based support for each of its central elements.

Dr. Tatarsky will define the harm reduction model, discuss its history and evolution and present its epidemiological and clinical rationales. The Psychobiosocial, Multiple Meanings and Stages of Change models will be discussed in relation to addiction and positive change. IHRP's seven therapeutic tasks and specific techniques will be described: 1) managing the therapeutic alliance, 2) therapeutic relationship as healing agent, 3) developing self-management skills for "urge-surfing", 4) assessment as treatment, 5) embracing ambivalence as motivational intervention, 6) harm reduction goal setting and 7) active strategies for positive change.

Skills and strategies will be demonstrated and participants will have opportunities to practice them with role-play exercises. Participants are encouraged to bring case material and clinical challenges for discussion.

Dr. Andrew Tatarsky has specialized in the field of substance use treatment for individuals, group, couples and families for 30 years as a psychologist, supervisor, program director, lecturer and author. He holds a doctorate in clinical psychology from the City University of New York and is a candidate in New York University's post-doctoral program. He is the Co-Director of Harm Reduction Psychotherapy and Training Associates, a treatment and training institute. Dr. Tatarsky is a founding board member and the Division on Addictions of New York State Psychological Association, Chairman of Moderation Management Network, a founding board member of the Association for Harm Reduction Therapy and Chairman of Mental Health Professionals in Harm Reduction. His book, Harm Reduction Psychotherapy: A New Treatment for Drug and Alcohol Problems has been published in the United States, Chile and Poland. Dr. Tatarsky is in private practice in New York City. He trains nationally and internationally.

PROGRAMME DAY 1 November 3rd

8.30 REGISTRATION

9.30 PLENARY SESSION Goldsmith Hall

Key Note Minister Roisin shortall

Joao Goulao: *Drug Policies in Portugal: Was Decriminalisation helpful?*

Siobhán Cafferty: *Good Practice Guidelines from Drug & Alcohol Services working with Travellers*

10.40 BREAK

11.10 PARALLEL SESSIONS

1 Field Suite

Chris Rintoul: *Empowering service users to train addictions and homelessness services on best practice.*

Davis Turkington: *Take Home Naloxone – Preventing Overdose Deaths in Northern Ireland*

2 Sky Suite

Nigel Brunsdon: *Workshop Do you share ?*

3 Goldsmith Hall

Philip D. James: *Rates of Psychiatric Diagnosis among clients attending an adolescent substance abuse service in Dublin.*

Bobby P Smyth, John Fagan, Kathy Kernan: *Reduction in heroin use among opiate dependent teenagers commenced on opiate substitution treatment.*

4 Swift Suite

Paul Goff: *A comprehensive assessment, intervention and referral pathway for clients who access services at Waterford Regional Hospital following substance misuse.*

Deirdre Carmody: *An exploratory study into the experiences of pregnant women attending methadone clinics in Dublin who continue to use heroin.*

12.15 PLENARY SESSION Goldsmith Hall

Dr Marie Claire Van Hout and Tim Bingham: *Holding Pattern: An exploratory study of the lived experiences of those on methadone maintenance in Dublin North East*

Dr Andrew Tatarsky: *Substance misuse is not just a brain disease: The personal and social meanings of substance use and the critical role of integrative harm reduction psychotherapy.*

13.00 LUNCH

14.10 PARALLEL SESSIONS

1 Goldsmith

Ena Lynn, Suzi Lyons, Simone Walsh, Marie Sutton and Jean Long: *Alcohol-related deaths and deaths among people who were alcohol dependent in Ireland, 2004 to 2008*

Mary Dunne: *Barriers and facilitators to research use among allied health practitioners*

2 Field Suite

Ger Twohig: *Client forum at Coolmine TC*

Sinead McGinley: *The Step-Down Programme - Helping people who have completed drug rehabilitation to move-on to independent living*

3 Sky Suite

Erin O'Mara: *Workshop Diamorphine an opportunity to look behind the story, the headlines and the research statistics*

4 Swift Suite

Brian Galvin HRB: *EBP: A mind-altering substance. An online course in evidence-based practice for drug prevention practitioners*

Roweena Russell: *Abstract Submission from hiwecanhelp - Service providers and service users must know what is on offer before making treatment choices.*

15.15 PLENARY SESSION Goldsmith Hall

Dr Paolo Deluca: *'How the Internet and social media are driving the legal highs phenomenon: Findings from the ReDNet project.*

Ann Campbell: *Experiences of and Attitudes to Head Shop Psychoactive Substances among Adolescents*

16.00 BREAK

16.20 PLENARY SESSION Goldsmith Hall

Martin Woods *Drug killings in Mexico, money laundering in London, it's all connected'*

Johnny Connolly *Understanding the drugs market*

Q & A

DRAFT
SUBJECT TO CHANGE

Evening Satellite Sessions

18:00 - 19:00

Drugs, Stigma and the Media: Promoting constructive reporting on drugs and the people who use them

Earlier this year, the Irish Press Ombudsman upheld a complaint against a column in the Irish Independent that described drug users as “vermin” and “feral, worthless scumbags”. This panel discussion of journalists - sponsored by Harm Reduction International, the organisation which initiated the complaint - will explore the challenges of media reporting on drug use issues, and the need for constructive press coverage that informs sensible public policy and discourse rather than promoting stigmatising stereotypes.

Speakers will include:

- Maureen Brosnahan, a veteran national reporter with the Canadian Broadcasting Corporation;
- Kitty Holland of The Irish Times;
- Keelin Shanley of RTE;
- Erin O'Mara, editor of Black Poppy, a UK-based health and lifestyle magazine produced by and for people who use drugs.

Followed by wine reception.

Sponsored by Harm Reduction International and the International Centre on Human Rights and Drug Policy.

18:00 – 19:00

Greg Pervis Therapy Skills Boot Camp

Max 30 participants

Practitioners who have come to practice should consider attending this therapy skills boot camp. The focus will be on learning the four core therapeutic skills used in doing a Functional Analysis: what the therapist needs to attend to from the client's story, how ask questions to elicit this information, how to provide this information back to the client in a helpful manner and how to create client awareness of this behavior cycle.

The Functional Analysis assists the client in self discovery and treatment planning and is the therapeutic back bone for both CRA and CRAFT. After a brief introduction to CRA and the Functional Analysis we will use both large a small group exercises to begin to attain and refine these valuable behavioral treatment skills.

Large group discussion will follow each practice session so that the entire group can benefit from lessons learned. Multiple training techniques will be used to ensure an entertaining and meaningful learning environment and of course lots of humor. CRA has been listed in the top 5 of all meta analysis on substance use disorder treatment and is listed in Health Canada's Best Practice Guide to Substance Abuse and Rehabilitation (1999).

CRAFT is a well regarded emerging practice for the treatment of concerned significant others with a strong base of multi site/study randomized clinical trial research supporting its continued practice and development. Please join me as we have fun learning together.

PROGRAMME DAY 2 November 4th

8.30 REGISTRATION

9.30 PLENARY SESSION Goldsmith Hall

Tom Mclellan *Re-Thinking Substance Abuse: Transitioning our policies and practices*

Greg Purvis *Implementation of the CRA in a long standing addiction outpatient clinic*

Brian Dalton *Stimulants and Contingency Management: A Provider Perspective'*

10.40 PARALLEL SESSIONS

1 Sky Suite

Workshop: *Launch of Reduce use 2*

2 Goldsmith Hall

Dave Bauman: *Inter-Agency Practice and Outcomes for Teenagers within Addiction and Social Service*

Delphine Bellerose, Anne Marie Carew and Suzi Lyons: *An insight in drug treatment outcomes: completion, drop out and length of stay in treatment*

3 Field Suite

Leighann Ryan, Dr Marie Claire Van Hout: *A Social Norms Approach to Drug Prevention in the Irish Context*

Liam O'Loughlan: *A social norms approach to Irish alcohol use: Implications for policy and practice?*

4 Swift Suite

Alisdair Sinclair: *The UK Recovery Federation (UKRF): Supporting the growth of Recovery Networks in the UK.*

Carol Murphy: *Stories of Recovery: Recovery Capital - A new paradigm for drug policy and practice?*

11.45 BREAK

12.15 PLENARY SESSION Goldsmith Hall

Brid Walsh: *HThe implementation of CRA, an evidence based approach, within the context of the Blanchardstown Local Drug Task Force'*

Paul Conlon: *The implementation of CRA, and evidence based approach, within Coolmine Therapeutic Community.*

Aoife Dermody: *Progression Routes Initiative Launch of the National Community Detox Pilot*

13.15 LUNCH

14.20 - 15.20 PARALLEL SESSIONS

1 Sky Suite

Dual Diagnosis Symposium

2 Goldsmith Hall

Simone Walsh, Ena Lynn, Suzi Lyons: *Predicting trends in fatal drug overdoses in Ireland: does day of the week matter?*

Denis Murray: *Adolescent Addiction Service "Challenge & Change"*

3 Field Suite

Dermot Gough: *On the DOS; An innovative way of working with those hardest to reach in our community.*

Fiona O'Reilly and Lynn Ruanne: *Drug Dealers Views on Exit Strategies.*

Workshop: *Martin Brown & Brian Dalton*

14.30 - 16.00

RADE "Get Stoned" Drama

Damon Barrett *development of a human rights based approach to drug policy*

Jason Farrell *Consumer participation will determine the success of future services*

Q & A

DRAFT
SUBJECT TO CHANGE

NDCI 2011

BOOKING FORM

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Reservations will be made on receipt of delegation fee

Delegation fee

€130.00 workshop

€230 workshop and conference

€175 conference

Includes: Tea, Coffee and Lunch & Delegation pack

Closing date 21st October 2011

Please make cheque payable to: **Irish Needle Exchange Forum**

Postal address: **Tim Bingham, Irish Needle Exchange Forum,
Tullaha, Glenflesk, Killarney Co Kerry**

Further details please email tim@inef.ie

DRUG INTERVENTIONS: WHAT WORKS?