

## FORUM TOPICS

Although our time together will be limited, we hope to accomplish the following:

- Define Integrative Harm Reduction and distinguish the model within a range of public health policies designed to reduce the harmful consequences of substance use and other high risk activities.
- Review the history and evolution of Integrative Harm Reduction.
- Identify the current political and social context of Integrative Harm Reduction.
- Learn about theoretical models that provide a foundation for Integrative Harm Reduction.
- Recognize and discuss the demands placed on helping professionals by courts, child welfare, housing, employment and other public systems.
- Anticipate the potential for Integrative Harm Reduction for primary healthcare.
- Envision change for people served, families and systems of care and support.

Our forum is intended to be interactive with many questions and hopefully some answers.



Integrated Services of Appalachian Ohio  
PO Box 132  
Athens, Ohio 45701



# Integrative Harm Reduction:

## A NEW WAY TO THINK ABOUT SUBSTANCE USE, MENTAL HEALTH & PUBLIC POLICY

July 12, 2010

Eclipse Company Store  
Athens County, Ohio

*A forum for invited state,  
county & community leaders*

Presented by:



INTEGRATED SERVICES  
OF APPALACHIAN OHIO



## OUR PRESENTER

Andrew Tatarsky, Ph.D., *Psychologist*  
Harm Reduction and Training Associates  
New York, NY

Andrew Tatarsky is recognized across the nation and around the world as an early innovator for Integrative Harm Reduction. Based in New York City, Dr. Tatarsky is helping to shape a new practice framework for helping professionals working in substance use, mental health and primary care. He is a practicing Clinical Psychologist with many years of experience supporting people with serious substance use and other behavior problems to accomplish positive life change.

Dr. Tatarsky is the author of the book *Harm Reduction Psychotherapy* and publishes extensively on the subject. His most recent training and consultations include work in Chicago, New York, North Carolina, China, Ukraine and Poland. This is his first visit to Appalachian Ohio.

## OUR FACILITATOR

Kevin Gillespie, MHSA, RN, *Executive Director*  
Integrated Services of Appalachian Ohio

Mr. Gillespie has over 30 years experience combining direct service, system development and administration throughout the Appalachian Ohio region. He is a registered nurse with much of his work focused on creating innovative service solutions with partners across public service systems and in alliance with therapeutic, housing and employment professionals. Along with his responsibilities as Executive Director of Integrated Services and the Blue Sky Alliance of Appalachian Ohio, Kevin is working on a new book with Bill Madsen tentatively entitled *Collaborative Helping: A Framework for Supportive Service*.

## A POLICY FORUM

Please join us for some straight talk about substance use, mental health and some of the problems that impact the general health and welfare of Appalachian Ohio communities. Sometimes, misunderstood, Integrative Harm Reduction is a new way of thinking about behavior change. Dr. Tatarsky will lead us in a spirited discussion and answer questions about changes under way across the nation and around the world.

RSVP to Stephen Poling via telephone at 740-594-6807 or via email to [spoling@integratedservice.org](mailto:spoling@integratedservice.org).

## DIRECTIONS

- Follow US-33 W toward Athens
- Turn on JOHNSON RD (CR-7) at the Athens Messenger building.
- Half-way through the big right sweeping curve, take the first left onto Jackson Drive.

The Eclipse Company Store is the large building on the right at the end of Jackson Drive (past the row of houses).



Visit our website at:  
[www.integratedservice.org](http://www.integratedservice.org)

## TIME AND LOCATION

The forum will occur on July 12, 2010 at The Eclipse Company Store, 11309 Jackson Drive, The Plains, Ohio 45780.

9:00 a.m. - 10:00 a.m. .... Coffee & Tea

10:00 a.m. - 12:00 p.m. .... Forum

The Eclipse Company Store  
11309 Jackson Drive  
The Plains, Ohio 45780.

WE ARE a non-profit corporation that works closely with counties throughout Appalachian Ohio to maximize people's potential for independence and well-being. We count on the abilities and resilience of people served to help build strong and productive communities.

IN ALL SERVICES, we take a bio-psychosocial approach with an emphasis on collaborative therapeutic relationship.