

# Integrative Harm Reduction Psychotherapy

By Dr. Andrew Tatarsky, Ph.D.



Author of the book of Harm Reduction Psychotherapy

## OUTLINE:

Integrative Harm Reduction Psychotherapy is an alternative approach to traditional "abstinence-only" treatment of addictive behavior that applies harm reduction principles to psychotherapy.

Managing the therapeutic alliance

Therapeutic relationship as healing agent

Developing self-management skills for "urge-surfing"

Assessment as treatment

Embracing ambivalence as motivational intervention

Harm reduction goal setting and

Active strategies for positive change

**Webinar:** 3/25/2011

9am -12noon

Cost: \$45/per person;

3 CEUs for LCPCs, LPCs, LCSWs, LCWs,  
CADCs (pending approval), ICDVPs, and CPAIPs



**BEHAVIORAL SERVICES CENTER**

# Registration Form

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**Tuition:**  \$45/per person

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Checks should be payable to BSC, P.C.

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**Cancellations**—Request must be in writing. Refunds will be given on requests postmarked within 10 days prior to workshop. A \$25 processing fee will be deducted from all cancellations.

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